



Platte County Memorial
Nursing Home

P.O. Box 1148
Wheatland, WY 82201

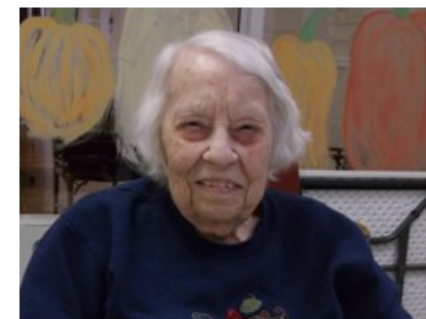


PLATTE COUNTY
MEMORIAL NURSING HOME
A Spirit of Love, Respect and Compassion

December 2013

FOLK TALES

Resident of the Month Ruth Mittan



Ruth was born on June 3, 1917. She spent most of her life in the Albin, WY area. She married Arthur Mittan and the couple had three children; Carol, Janice and Jim. Art and Jim are both deceased. Ruth worked alongside her husband Art on the family farm. They raised cattle, pigs, chickens, turkeys, etc. She loved horses and horseback riding. Ruth also worked for the Post Office. Ruth has many talents. She painted, enjoyed drawing, sewing, needlework and gardening. She takes part in most of the nursing home activities, but especially enjoys games. Ruth is a member of the Presbyterian Church. It is very important to Ruth to help others.

Christmas Time is near, Lights are on the tree, so mark your calendars for all the special events at the Nursing Home

- 12/3 5pm Family Night
- 12/10 6:30pm Wheelchair dance
- 12/17 10:30am H.S. Jazz Band
- 12/18 9am Children's Christmas Program
- 12/18 3pm Christmas Party
- 12/24 10-12pm Christmas Eve Open House
- 12/31 11:30am Noon Years Eve Party

Check the Daily Activity Board for updates and changes to our December Calendar. The Christmas season brings many visitors and carolers.

Christmas

Gladys T., Governor's Village
Mayfield Village, OH

Dear Lord, where would we be
If you had not been born on this day?
You were a babe wrapped in swaddling clothes
And there was no room at the inn,
So Mary had to keep on going.
The Star of Bethlehem shines brightly
To remind us all you were born on
Christmas Day.

As we celebrate Your day,
Let us remember to thank you, Lord,
And offer our continue
prayers to you!
Merry Christmas and Amen!



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E-Newsletter

Would you like an electronic version
of this newsletter? Send your
E-mail address to:

theresa.reddicks@pcmnh.com

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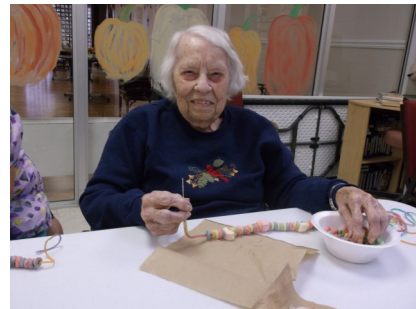
PCMNH does not discriminate against any person on the basis of race, color, national origin, disability, or age in admission, treatment, or participation in its pro-

Members of the Hospital Auxiliary donate quarters for Bingo prizes for the Residents.

The Auxiliary disbanded in November. We would like to take this opportunity to thank these wonderful ladies for all they have done for our facility. The Auxiliary has hosted the Mother's Day Tea, Birthday Parties, passed mail to the residents and helped on Halloween. You hold a special place in our hearts. Thank you dear ladies for all you have done.



The residents have been busy working on home made ornaments for the Christmas Tree that will be entered into the Christmas Tree Decorating Contest. Stop by the Library and visit Christmas Tree Lane to view the residents tree and place your votes.



Ruth Mittan and Shirley vonForell string the cereal garland while Romilda Hayden samples the yummy cereal.



Ruth Lock listens closely to the instructions on how to make her ornament.



Arnold Coffield is all smiles as he shows off the snowman he had made.



Jerry Lorenz finishes the final touches on the snowflakes

A Little Mixed Up

Author Unknown

Just a line to say I'm Living,
I'm not among the dead.
I'm just getting more forgetful
And mixed up in the head.

I stand before my refrigerator,
My poor mind full of doubt
Have I just put away the food
Or have I come to take it Out?

So, if it's my turn to write you,
There's no need of getting sore.
I probably think I have written,
And don't want to be a bore.

One thing I can's remember is
When I stand at the foot of the stairs.
Was I going up for something, or
Did I just come down from there?

Then snug in robe and nightgown,
with curlers on my head,
was I going to retire or
Just getting out of bed?

I'm going out to mail this letter,
For the mailman's almost here.
I look forward to your answer,
But for now it's good-bye my dear.

**P.S. There I stood beside the mailbox With a face so very red,
instead of mailing you my letter, I had opened it instead!**



OUR DEDICATED STAFF



Employee of the Month Sandy Olson



Sandy was born in Casper Wyoming on November 3rd. She learned many life lessons from her parents while growing up. They taught her the importance of giving and sharing. Her caring practices prove that she learned her lessons well.

Sandy has been married to David for nearly 30 years. She became an LPN in 1977 Sandy took time off to be home with her three daughters. She has been employed here since July 17, 2013 and we are so happy to have her back.

Sandy enjoys music, reading and quilting. The best part of her job is working with the elderly; "I love the elderly and their integrity, they have seen it all and done it!"

Adopt a Resident for Christmas. We want all the residents to have a gift to open at the Christmas Eve Open House on December 24th at 10am. Stop by or call the Activity Department to select a name.

All gifts must be turned in to Activities by Friday, December 20th.



December Birthdays

12/13 Lucy Mistica
12/23 Holly Montgomery
12/25 Theresa Reddicks

Welcome to our New Employees

Seung Bok Kim
Tiffany Gores
Susan Karriker
Destiny Pierce
Melody Wilheml

December 2013

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Folk Tales—December 2013



There may not be any residents with a December Birthday this year, but that won't stop the Covenant Lutheran Ladies from remembering the residents during the Christmas Season. They will host a Christmas Party for the residents on Wednesday 12/18 at 3pm. Come join in the fun.

Family Council Meeting

The next Family Council meeting will be on Wednesday, December 18th at 5:30pm in the Activity Room



Care Plan Schedule

December 5th

10:00 Doris Marshall
10:20 Edna Sprague
10:40 James McCartney
11:00 Erma Jean Allison

December 12th

10:00 Ralph Brockman
10:20 Ruth Lock
10:40 Jerry Lorenz
11:00 Beverly Christiansen
11:20 Violet Blodgett

December 19th

10:00 Erma Jean Allison
10:20 James McCartney
10:40 Thelma Garton
11:00 Norma Gould
11:20 Betty Ann Hobbs
11:40 Maude Louthan

December 26th

Non scheduled

January 2, 2014

10:00 John Braunschweig
10:20 Arnold Coffield

EASY, ELEGANT EGGNOG

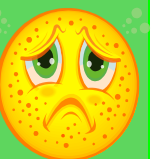
- 1/2 gallon of cold milk, divided
- 3.4 oz French vanilla pudding mix
- 1/4 cup sugar
- 2 tsp. vanilla
- 1/2 tsp. cinnamon
- 1/2 tsp. nutmeg

In a large bowl, whisk 3/4 cup milk and the pudding mix until smooth. Whisk in the sugar, vanilla, cinnamon, and nutmeg. Stir in the remaining milk. YIELD: 16 servings.



****PLEASE****
Help us keep our residents healthy.

It is the Christmas Season give the gift of Health to your loved ones. Don't pass on the flu.



Remember the **number 1** defense against the flu and infection is **hand washing**.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Movie 10am Church Service 2pm Jason Iacoutto Book Club 3pm	2 Horse Races 10am Joints in Motion 2pm Westerns 3pm	3 Resident Council 10am Piano Music 10am Joints in Motion 1pm Family Night 5pm	4 Manicures 9am Bible Study 11am Pet Therapy 1:30pm Bingo 2pm Westerns 3pm Reminisce 5pm	5 Times to Remember 10am Music with Nita 11am Happy Hour 3pm Joints in Motion 5pm	6 Breakfast Group 8am Exercise Games 10am Book Club 10:45am Bingo 2pm	7  Pearl Harbor Day Music with Pat 10am Movie 2pm
8 Movie 10am Church Service 2pm Adam Lovett Book Club 3pm	9 Bowling 10am Horse Races 2pm Westerns 3pm	10 Piano Music 10am Joints in Motion 2pm Supper 5pm Dance 6:30pm	11 Manicures 9am Bible Study 11am Bingo 2pm Westerns 3pm Reminisce 5pm	12 Times to Remember 10am Music with Nita 11am Joints in Motion 2pm Games 4pm	13 Wild Bunch Breakfast 8am Christmas Tree Lane Outing 10am Bingo 2pm	14 Crafts 10am Movie 2pm
15 Movie 10am Church Service 2pm Dale Smith Book Club 3pm	16 Baking 10am Bible Study 11:30am Tea Party 2pm Joints in Motion 4pm Christmas Lights 6pm	17 High School Jazz Band 10:30am Joints in Motion 1pm Dominoes 4pm Reminisce 5pm	18 Children's Christmas Program 9am Manicures 10am Bible Study 11am Christmas Party 3pm	19 Times to Remember 10am Music with Nita 11am Happy Hour 3pm Joints in Motion 5pm	20 Breakfast Group 8am Exercise Games 10am Book Club 1pm Bingo 2pm	21 Winter Begins  Games 10am Movie 2pm
22 Movie 10am Church Service 2pm Joshua Bruns Book Club 3pm	23 Music with Pat 10am Manicures 1pm Joints in Motion 4pm Headlines 5pm	24 Christmas Eve Open House 10-12pm	25 Merry Christmas	26 Times to Remember 10am Music with Nita 11am Joints in Motion 2pm Games 4pm	27 Breakfast Group 8am Exercise Games 10am Book Club 10:45am Bingo 2pm	28 Games 10am Music with Carmin 11am Movie 2pm
29 Movie 10am Church Service 2pm Lori Modesitt Book Club 3pm	30 Bowling 10am Bible Study 11:30 Joints in Motion 2pm Headlines 5pm	31 Noon Years Eve Party 11:30am				